**Community Resource Center**

**We are pleased to provide the following information to parents and caregivers as you seek to support the children in your lives. If you are in need of more specific support, please don’t hesitate to reach out to our teachers or director to help make a connection. It truly takes a village to raise a child, and we are grateful for the relationships we have to help children grow!**

Car Seats

<https://www.vdh.virginia.gov/child-passenger-safety/>

Breastfeeding

<https://www.mybirthrva.com/onsite-education>

Nutrition

<https://www.chrichmond.org/services/gastroenterology-and-nutrition/feeding/feeding>

Behavioral Therapy/Parent Coaching

<https://www.piprva.com>

Sleep

<https://littlezsleep.com>

Autism Spectrum Disorder

<https://cahumanservices.org/for-individuals-families/>

Parenting Support

<https://richmondmom.com/richmond-area-parenting-groups/>

Early Intervention Services

<https://henrico.us/services/infant-toddlers-services/>

Speech and Occupational Therapy

<https://spotontherapygroup.com>